

LICENSED PSYCHOLOGIST, INTUITIVE, YOGA INSTRUCTOR + TANGO
LOVER, AUTHOR, AND RELATIONSHIP EXPERT

DR. JENNIE

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ABOUT

DR. JENNIE COMBINES
TRANSPERSONAL
PSYCHOLOGY WITH YOGA
AND TANGO TO HEAL
BROKEN HEARTS AND HELP
US EXPERIENCE JOY
FOLLOWING A TRAUMATIC
EXPERIENCE.

The Science and Education:

Dr. Jennie received her doctoral degree in clinical psychology from the Ferkauf Graduate School of Psychology at Yeshiva University in 2008. She completed her APA accredited internship and her first post-doctoral fellowship in Infant and Preschool Mental Health at Tulane University Medical School. During this time she also received her Basic and Advanced Divorce Mediation certification at Loyola Law School. In 2010, Dr. Rhodes completed post-doctoral training in forensic psychology at the Institute for Violence, Abuse and Trauma.

The Spiritual Journey:

As part of her spiritual journey, Dr. Jennie has traveled to 29 countries (lived abroad in 3 of them), studied tango in Buenos Aires and healed from multiple failed relationships, extensive childhood trauma, her parents mental illness/substance abuse and learned that true healing requires creativity and joy outside a therapist's office. She's also learned quite a bit about self-love and balancing her own combination of feminine/masculine energies through mindful exploration of her relationships.

+6.1 K

VIEWS ON BLOG
POST ABOUT
NARCISSISTS

+100

MEDIA MENTIONS
+ TELEVISION
APPEARANCES

+50 DOGS AND CATS

HUGGED DURING
THE COVID-19
PANDEMIC

WE TURN TO THE FEMININE ENERGY WHEN WE NEED TO HEAL.

WE INTEGRATE THE WISDOM FROM THE UNIVERSE WITH THE
TOOLS WE HAVE IN REAL LIFE TO BECOME EMBODIED IN
RELATIONAL SPIRITUALITY.

WE RETURN TO A STATE OF JOY EVEN IF IT DOESN'T FEEL LIKE
RAINBOWS OR UNICORNS.



DR. JENNIE'S PROCESS

WE TAKE 30 DAYS TO BEGIN
TO PLAN YOUR ADVENTURE
TO HEALING YOUR
RELATIONAL TRAUMA. THE
REST IS GUIDED BY YOUR
SOUL.

Your First 30 days of Therapy/Coaching **Session 1:**

The first hour will be an open discussion of what is going on, your views on science, spirituality and overall wellness. You will have the opportunity to have your questions answered and we will discuss if it is a good fit for your needs.

Session 2:

We will look at either your astrolocation chart, Gene Keys/Human Design chart OR your interest in data collected by science (VIA survey) to begin to assess what is needed to heal your mind, body and soul from relational trauma.

Session 3:

We will discuss your spiritual or science based healing journey from a developmental perspective so you begin to understand how to use the vast array of healing modalities afforded to you these days and make decisions about what you would like to explore.

Session 4:

This is the goal setting session which will be done from the mind (cognitive), the heart (affective/emotional) and the gut (intuition). A scientific overview will be provided about why goals need to target all 3 centers to manifest your desires.